

## **VISION:**

"St. Joseph's Institute of Skills is dedicated in transforming the life of students through the integration of Skills, training and character building".

## MISSION:

- To provide conducive environment in skill education to generate future entrepreneurs and professionals.
- To nurture the talents of underprivileged section of the society and transform the lives of thousands through skill education by including the excluded.
- To incorporate specific need-based skill education and training opportunities by giving the best to the least for skill upgradation.

## **Core Values:**

- Trusting in God
- Holistic Formation
- Valuing every Person
- Freedom with Responsibility
- Transformation of Self and Society
- Skill Excellence
- Preferential option for the Poor
- Innovation and Creativity
- Value based Leadership

SKILL TO LEARN & EARN

Email: stjosephsinstituteofskills@gmail.com Website: www.sjisbangalore.com Fr Briand Square, Mysore Road, Bengaluru 560002

#### **ARCHBISHOP'S MESSAGE**



### **ARCHDIOCESE OF BANGALORE**

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Archdiocese of Bangalore Bangalore Archdiocese

Bangalore Archdiocese

Most Rev. Peter Machado Archbishop of Bangalore E-mail: archbishop@bangalorearchdlocese.com Web. : www.bangalorearchdlocese.org

Ref. No..

#### MESSAGE

My most cordial wishes and greetings to St. Joseph's Institute of Skills (SJIS) a Unit of the Archdiocesan Board of Education. It gives me immense joy and gratitude to extend my heartfelt congratulations to SJIS, Briand Square, Bengaluru, as it celebrates five years of its establishment. In these five years, SJIS has been a beacon of hope for many young men and women, offering them the opportunity to break the cycle of hardship and take the first step towards self-sufficiency and dignity. This institution was founded with the noble mission of providing skill training to youth who have dropped out of school or college, coming from various parts of our country.

Since its inception in 2021, SJIS has made a significant impact by offering vocational training in a variety of trades. The skills imparted at SJIS have not only equipped the youth with the tools they need to earn a livelihood but have also empowered them to support their families and communities. Through these efforts, SJIS has successfully trained over 1,500 students, helping them secure employment and begin new chapters in their lives. This is a tremendous achievement that reflects the institution's commitment to serving those in need and promoting social upliftment.

I would like to take this opportunity to express my sincere appreciation for the leadership of Rey. Fr. Deepak Joseph, SMM, whose vision, dedication, and tireless work have been instrumental in shaping and guiding this initiative. Under his leadership, SJIS has grown and flourished, reaching out to those who are often left behind, and providing them with the skills and opportunities they need to stand on their own feet. His guidance is truly inspiring, and his work at SJIS is a testament to his deep commitment to the well-being of the youth and to the Church's mission of service and empowerment.

As this Institution celebrates five years of its establishment, I am also pleased to note the release of the "Kaushala" newsletter, which will serve as a powerful tool to keep the community informed about the progress, achievements, and stories of success that have come out of SJIS. This newsletter is a testament to the incredible work being done at SJIS and will undoubtedly inspire more individuals to join this journey of transformation.

In the Gospel of Matthew, Jesus reminds us, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field." (Mt 9:37-38). SJIS stands as a beautiful example of how we can answer this call by providing opportunities for youth to become workers in the harvest field of life empowered, skilled, and ready to make a difference in the world.

I impart God's choicest blessings on the Management, Staff and students of SJIS, that they may continue to flourish and may the grace of God guide their mission in rendering their selfless service in moulding and shaping young men and women through life skills.

St. Joseph, the Patron of this Institute, continue to intercede for us!

Date: 18.02.2025



+ Peter Machado Archbishop of Bangalore

#### **BISHOP'S MESSAGE**



#### MOST, REV. DR. AROKIARAJ SATIS KUMAR

Auxiliary Bishop of Bangalore
Archdiocese of Bangalore

Heartfelt Congratulations to SJIS on Completing Five Remarkable Years!

The St. Joseph's Institute of Skills (SJIS) has been a beacon of hope and transformation since its inception in 2020. Rooted in the vision of His Grace, Most Rev. Dr. Peter Machado, Archbishop of Bangalore, and brought to life by the relentless dedication of Rev. Fr. Deepak Joseph, SJIS has touched the lives of countless individuals by providing skill-based education and employment opportunities to the underprivileged.

For the past five years, SJIS has been committed to empowering the urban poor, rural poor, tribal communities, and women by equipping them with essential skills for a better future. Through innovative, job-oriented, and life-coping education, SJIS has not only shaped individuals but also contributed to society by ensuring 100% job placements for its students. The Karnataka Educational Awards 2023 recognized SJIS as the Best Innovative and Creative Institution for Skills in Karnataka, a testament to its extraordinary impact.

As the SJIS family celebrates this milestone, it is truly inspiring to see them mark this special occasion with the launch of KOUSHALA, a magazine that will showcase their journey, achievements, and the incredible stories of their students. This publication stands as a reflection of the dedication, perseverance, and success of both the institution and its alumni.

On behalf of all well-wishers, I, extend my heartfelt congratulations to SJIS for five years of excellence in skill education. May this journey of empowerment continue to uplift and transform many more lives in the years to come!

#### **BISHOP'S MESSAGE**



#### MOST REV. DR. JOSEPH SUSAINATHAN

Auxiliary Bishop of Bangalore
Archdiocese of Bangalore

It is with great joy, I extend my heartfelt congratulations to St. Joseph's Institute of Skills, Briand Square, Bengaluru, as it celebrates the fifth anniversary of its inception. What a remarkable achievement it has been to train 1,400 students in various vocational skills and successfully place 1000 of them into meaningful employment within just five years. This accomplishment is truly a testament to the dedication, hard work, and commitment of the entire Management, Staff, and other faculty of this esteemed institution.

The motto of SJIS which states: "Include the excluded, give the best to the least," beautifully reflects the spirit of the institution. By focusing on those who are often marginalized such as the SSLC, PUC, and degree dropouts, as well as economically and socially disadvantaged youth, the institution is making a profound difference in the lives of many. The mission of SJIS is to bring hope and opportunity to the overlooked and underprivileged which is a powerful manifestation of Christ's love and compassion. Through the empowerment of these young people, the institution is not only transforming their lives but also equipping them to uplift their families and communities.

I would like to remind the words of our blessed Lord Jesus in the Gospel of Matthew: "Whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Mt 25:40). In serving the least, SJIS is truly serving Christ, and in doing so, it is creating a lasting impact for the good of society. Furthermore, Holy Father Pope Francis, in his encyclical *Fratelli Tutti*, speaks about social friendship and the importance of fostering inclusive communities. His words inspire us to build a world that offers equal opportunities to all, regardless of their background or circumstances (cf. FT, n.116) It is clear that St. Joseph's Institute of Skills exemplifies these principles to bring people together and provide them with the skills they need to flourish.

On this momentous occasion, I impart God's blessings on SJIS - Management, Staff and Students. May the Lord continue to guide and bless all your efforts in shaping a new generation of skilled, empowered, and compassionate individuals.

May, St. Joseph, the Patron of this Institution intercede for us!

Ad Multos Annos!

Koushala

MESSAGE FROM THE ABE OFFICE

## VERY REV. MSGR. S. JAYANATHAN Vice President, and Acting Secretary and Treasurer, ABE



Today, many definitions are given for Education and, at its core, it is the process of imparting knowledge, skills, and values, encompassing both formal and informal learning experiences, to facilitate personal and societal development. Education is not just imparting and/or acquiring knowledge, nor transmitting the theories to fill the minds of the learners that may not directly play a pivotal role in their attitude and behaviour. This being the fact, many Educational Experts are not only trying to redefine the concept of Education, but they, primarily, make its applications pervaded into all the realms of one's personality. We are aware of the threefold branches of education, namely: Formal Education, which refers to structured learning within institutions like schools and universities, following a curriculum and leading to recognized qualifications. Next, Non-formal Education, which involves structured learning outside the formal system, such as vocational training or online courses. And the Third, Informal Education, which encompasses learning through daily experiences, interactions, and observations, without a formal structure.

It is not enough that we know what Education is all about and its ramifications, but we should also know the its Purpose. Education aims at empowering individuals with the knowledge, skills, and critical thinking abilities needed to navigate the world and contribute to society. Education primarily means taking what is taught and/or learnt in the classroom to be taken to the living room. Beyond Classroom Knowledge, informal education plays a crucial role in shaping values, fostering character development, and promoting civic responsibility. If done or realized, Evolution of Education will take place and its dynamic process is evolved with societal needs and technological advancements, requiring continuous research and improvement. Applied Education aims to connect theoretical knowledge with practical applications, making learning more engaging and memorable. It also emphasizes the ability to identify, analyze, and solve problems, fostering critical thinking and analytical skills. Applied learning can present opportunities for social-emotional growth depending on the context.

It is stated that Skills Training refers to the process of developing specific abilities, competencies, and techniques required for effective performance in a particular domain or occupation. It involves targeted instruction, practice, and feedback to enhance individuals' skills and proficiency in areas such as technical skills, communication skills, leadership skills, problem-solving skills, and more. Skills training programs are designed to improve job performance, increase productivity, and enable individuals to meet the demands of their roles effectively.

St. Joseph Institute of Skills (SJIS), which was started just 5 years back, has made a meteoric growth in setting up a well-equipped Skills-Institute and imparting professional courses mainly to the under-privileged youth from the rural background. It is a commendable and praiseworthy venture indeed!

As expected of a Skills-Institute, the SJIS focuses on practical, real-world application of knowledge and skills, emphasizes project-based learning, problem-solving, and mentorship to enhance student retention and engagement. We are also happy to know that, in this Skills Institute, Students often receive mentorship and guidance from experienced professionals, giving them valuable insights and support. Under the able guidance of Rev. Fr. Deepak Joseph and Rev. Fr. Vivek Lionel, the Trainees in this Institute, numbering about 300, are doing their Certified Courses in seven fields. Apart from conducting the professional courses, the local Management is imparting life skills Courses and also helping them to develop the hidden talents by conducting a few co-curricular activities.

May I, on behalf of His Grace the Most Rev. Dr. Peter Machado, President of the ABE, and the Founder and Patron of this Institute, and the ABE Central Office convey our deep appreciation and congratulation to the local Administration and Management, and the Teaching and non-Teaching Faculty for their dedicated service. The ABE also thanks the donors and the well-wishers for their goodwill and generosity.

We wish the Management, Staff and Students every success in all their endeavours for the Bright Future of this Prestigious Skills Institute in Bengaluru!

#### **DIRECTOR'S MESSAGE**



## REV. FR. DEEPAK JOSEPH SMM Founder and Director, SJIS

As we mark the fifth anniversary of St. Joseph's Institute of Skills, I would like to take a moment to reflect on our journey and the impact we have made in the lives of many. Our motto, "Including the excluded, Giving the best to the least," serves as our beacon of hope, inspiring us to reach out to those who are often overlooked by society.

In these five years, we have welcomed nearly 1,100 students into our diploma programs. It is truly rewarding to see that around 900 of them have successfully transitioned into meaningful employment. This achievement speaks volumes about the dedication of our educators and the determination of our students to create a better future for themselves and their families.

In our mission to uplift the marginalized, especially the Youth, I am reminded of the biblical teaching: "The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor" (Lk 4:18). This verse reflects our commitment to providing opportunities and support to those who need it most, ensuring that everyone has access to the skills necessary for a brighter tomorrow.

As we celebrate our accomplishments, let us also look ahead with renewed purpose and energy. Together, we can continue to break down barriers and provide pathways to success for all those we serve.

The Koushala news bulletin reflects the remarkable success of St. Joseph's Institute of Skills (SJIS) as we celebrate the completion of five years. This edition highlights the various accomplishments at SJIS and features inspiring success stories of students who completed their courses during the 2023-2024 academic year.

#### ASSOCIATE DIRECTOR'S MESSAGE



# REV. FR. VIVEK LIONEL BASU Associate Director, SJIS Archdiocese of Bangalore

As we celebrate five years of service at St. Joseph's Institute of Skills, I am filled with pride at what we have achieved together. Our motto, "Including the excluded, Giving the best to the least," continues to guide our mission to uplift those who need it most.

In these five years, we have successfully trained nearly 1,100 students, with around 900 of them securing jobs. Each of these accomplishments is not just a statistic; they represent lives transformed and futures changed. It is a collective effort that showcases the dedication of SJIS family.

Reflecting on our mission, I am reminded of the words from the Gospel of Matthew: "For I was hungry, and you gave me something to eat; I was thirsty, and you gave me something to drink" (Mat 25:35). This verse from the Holy Scripture beautifully encapsulates our commitment to serving those in need and reinforces our role in the community.

Additionally, I would like to refer the Papal document Educating to Fraternity (No. 16), which emphasizes the importance of providing educational opportunities to poor youth. It reminds us that education is a powerful means to empower individuals and lift communities out of poverty.

As we move forward, let us continue to exemplify our mission and strive to make a difference in the lives of many. Together, we can ensure that every student has the opportunity to succeed and transform the society.



#### "MY JOURNEY FROM UNCERTAINTY TO OPPORTUNITY FROM SJIS"

Coming from a background with limited financial means, I was uncertain about my future and where I would end up in life. I knew I had to find an affordable way to secure a better future. I discovered a short-term course in office administration at St. Joseph's Institute of Skills in Bangalore, which promised quality training and 100% placement. They also offered multiple courses, such as hotel management, nursing, and beauty and wellness, all with accessible fees and a focused curriculum. This office administration course I felt is the right choice for me.

Throughout the program, I gained hands-on experience and learned industry-relevant skills that were highly valued by employers. The institute's support and connections in the job market were instrumental in helping me secure a position soon after completing the course.

Today, I am proud to say that I've unexpectedly transformed my life. I'm working as an office administrator at Mount Carmel School in Kadaganchi, Kalaburagi, which is located near Gulbarga city, and I'm earning a good salary of 18,000. This journey has shown me that, with determination and the right support, it's possible to rise above challenging circumstances.

Name: Alisha Place: Kashipur Uttarakhand Batch: office administrator (2023-2024)

#### "A JOURNEY OF MY TRANSFORMATION THROUGH SKILL EDUCATION AT SJIS"

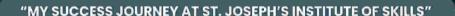
I am Pinky Alphonsa, grew up in Sitar Ganj, where my daily life was a struggle and opportunities were scarce. Determined to change my family's fate, I took a leap and enrolled in a short-term course at SJIS that promised 100% placement. The program, lasting just nine months, focused on industry-relevant skills, and I chose pre-primary teacher training at St. Joseph's Institute in Bangalore.

With sheer dedication, I mastered the curriculum, often staying late to practice. My hard work paid off when, upon completing the course, I secured a well-paying job at Mount Carmel School in Kadaganchi, Kalaburagi, in Gulbarga city, earning 18,000 per month.

For me, the short-term course at SJIS was a turning point, transforming my life from poverty to prosperity in just a few months.



Name: Pinky Alphonsa Place: Sitar Ganj Batch: Pre-Primary Teacher (2023-2024)





My name is Kavya B., and I am a resident of Bangalore Urban. I would like to share my success story at St. Joseph's Institute of Skills. After completing my schooling, I developed an interest in technical subjects and pursued a Diploma in Electronics and Communication, which went well.

However, I struggled to attend job interviews due to some family events. As time passed, my elder sister, an alumnus of SJIS, recommended that I enrol in a skill course there. Being an introvert, I was initially shy about attending classes in a new environment. With the guidance and the encouragement of the faculty at SJIS, I quickly became comfortable and began my skill training. The instructors were friendly and approachable, making the learning experience enjoyable.

As time went on, I successfully completed my course in Front Office Management with good grades. I am now employed in an office and my job is going well. I would like to express my sincere gratitude to SJIS.

Name: Kavya B Place: Bangalore

Batch: Office Administration (2023-2024)

#### "MY EDUCATIONAL JOURNEY AT SJIS"

My name is Bhavya K., and I come from a middle-class family. My father was quite strict, which affected my ability to continue my studies. After three years, I pursued a Diploma in Fashion Design at SJIS.

The following year, I worked at an NGO called Oasis India, where my brother encouraged me to continue my education. They introduced me to St. Joseph's Institute of Skills, where I did Diploma in Pre-Primary Teacher Training.

I am now proud to say that I have secured a job as a teacher in a school and earning Rs. 8000/- per month. Thank you, SJIS, for helping me to achieve my goals!

Name: Bhavya. K Course: Pre-Primary Teacher (2023-<u>2024)</u>

#### "MY JOURNEY THROUGH A SHORT-TERM COURSE WITH 100% PLACEMENT AT SJIS"

My name is Ranjitha, coming from a background with limited financial resources, I was uncertain about my future and where it would lead. I knew that I had to find an affordable way to secure a better life. That's when I discovered a short-term diploma course in Pre-Primary Teachers Training at St. Joseph's Institute of Skills in Bangalore, which promised quality training and 100% placement.

This PPT course felt like the right choice for me. Throughout the course, I gained hands-on experience and learned Pre-Primary teaching relevant skills that were appreciated in the kindergartens. Today, I'm working as a teacher at Kadaganchi Kalburgi, near Gulbarga city, and earning a good salary of Rs.18,000/- This journey has shown me that with determination and the right support, it's possible to rise above even the most challenging circumstances. My heartfelt gratitude to SJIS.



Name: Ranjitha

Batch: Pre - Primary Teachers' Training (2023-2024)



#### "MY SUCCESS STORY FROM STRUGGLES TO NEW OPPORTUNITIES"

I am Bhagyalakshmi J, and I am grateful to Fr. Deepak Joseph for giving me a lifechanging opportunity when I needed it most. With the support of the sisters, I passed my 10th exams and later decided to continue my education in college.

I chose evening college and completed my 2nd PUC. When I had completed PUC, I wasn't sure what to do next, but after seeing a pamphlet of SJIS on various courses, I chose Office Administration.

This course transformed my life, giving me valuable skills and hope for the future. It opened doors to new opportunities, including the possibility of starting my own business.

I am truly thankful to Fr. Deepak Joseph and staff who helped me at every step. The encouragement and support I received from SJIS made all the difference in my life. I wholeheartedly thank SJIS.

Name: Bhagyalakshmi Place: Karnataka

Course: Office Administration (2023-2024)



#### "MY JOURNEY OF SUCCESS AT SJIS"

My name is Pavithra. P, I completed my SSLC at a government school in Bangalore. I come from a modest family background. My father is a chef, and my mother is a housewife. During my school years, I developed an interest in becoming a beautician and decided to pursue a beautician course after completing my SSLC. However, when I searched for a suitable college for this course, I couldn't find one.

Later, I heard about SJIS. I then enrolled in SJIS for diploma in Beauty & wellness course, where I learned various skills such as manicure, pedicure, facials, eyebrow shaping, saree draping, and more. Today, I am proud to share that I secured the third place in the NSDC exam. After completing my course, SJIS offered me a position as a beautician instructor in Kanakapura, where I am earning a good salary.

I would like to express my heartfelt gratitude to SJIS, Fr. Deepak, and all the staff for their support during my studies at SJIS.

Name: Pavithra. P Place: Bengaluru, Karnataka Course: Beauty & Wellness (2023-2024)

#### "A JOURNEY TO FINANCIAL INDEPENDENCE THROUGH FASHION DESIGNING AT SJIS"

I am Mrs. Kavitha from Bengaluru, whose husband works in the garment industry. I have two children who are currently studying in college. It was my personal ambition to become financially independent. After taking some time to reflect, I enrolled for a Diploma in Fashion Designing course at St. Joseph's Institute of Skills. The program lasted for 9 months. During this time, I learned the basics of hand embroidery, beadwork, fabric colouring and dyeing, colour identification, and many other related skills. I also learned fabric stitching and machine stitching, which included making chudidhars, pants, kurtis, blouses with various neck designs, lehengas, and more.

This course significantly improved my stitching skills and helped me save a lot of money. After completing the course, I was offered a position at the same institute to stitch uniforms for girls. This opportunity boosted my confidence and allowed me to start earning money. I am grateful to SJIS for trusting my abilities and giving me the chance to apply my skills in real-world work. This experience has strengthened my self-confidence and made me feel financially independent.



Name: Kavitha
Place: Bengaluru, Karnataka
Batch: Fashion Designing (2023-2024)



#### "A JOURNEY OF HARD WORK AND GRATITUDE"

My name is Maria Carolin, and I come from a middle-class family. Through my hard work and determination, I have reached a better stage in my life. My father works in the garment industry, and my mother is a housewife. I have one elder brother who works as a courier boy, and my younger brother is currently studying ITA.

I have faced many challenges throughout my journey, with numerous ups and downs while studying. I eventually joined diploma in pre-primary teacher training course at SJIS, and after much effort, I achieved my dream job.

I am now working as a teacher at St Joseph's English Nursery School, earning Rs. 10,000/-. I am also managing the family responsibilities and helping my parents. My heartfelt gratitude to STIS

Name: Maria Carolin Place: Karnataka

Course: Pre-Primary Teachers Training (2023-2024)



#### "A JOURNEY OF DETERMINATION AND HOPE AT SJIS"

I am Lakshmi, from a small village in India. My life was in a constant battle. But I didn't give up. I dreamed of a better life for my children and me. I believed education was the key to a better future. With help from my family and a local NGO, I enrolled for diploma in Nursing Aide course at SJIS.

It wasn't easy for me balancing my studies, household chores, and bringing up my children, but I stayed determined. My hard work paid off when I was graduated as a nurse. I got a job at a local hospital and proved myself to be a dedicated nurse. I could finally support my children and create a stable home.

Today, I am a successful nurse, respected by my colleagues and community. I wholeheartedly thank St. Joseph's Institute of Skills.

Name: Lakshmi Place: Karnataka Course: Nursing Alde (2023-2024)

## SJIS ACTIVITIES - 2024-2025

#### Installation of New Associate Director of SJIS









On June 12, 2024, Msgr. S. Jayanathan, Vicar General and Vice President, as well as Acting Secretary and Treasurer of the Archdiocesan Board of Education (ABE), officiated at the installation of Rev. Fr. Vivek Lionel Basu, an Archdiocesan Priest, as the new Associate Director of St. Joseph's Institute of Skills, located at Briand Square, Bangalore.

The ceremony began with a welcome address delivered by Rev. Fr. Deepak Joseph, SMM, the Founder Director of SJIS. The event was attended by the staff of SJIS and members of St. Joseph's Educational Institution (SJEI), who were gathered to celebrate this significant occasion.

#### Informal Inauguration and Welcoming the Students to SJIS







The informal inauguration of the academic year 2024-2025 and the warm welcome of new students to St. Joseph's Institute of Skills (SJIS) took place on July 1, 2024. The program commenced with a traditional lighting of the lamp, accompanied by a prayer song.

Rev. Fr. Deepak Joseph SMM introduced the Associate Director, Rev. Fr. Vivek Lionel Basu, along with the faculty and staff members, to the students. He also provided an overview of St. Joseph's Institute of Skills, highlighting its mission and outlining the rules and regulations that govern the institution.

#### Orientation Program on importance of Skills in today's context







On July 11, 2024, an informative orientation program highlighting the significance of skills in today's context was conducted for the students of St. Joseph's Institute of Skills (SJIS). The session was led by Fr. Vincent S.J. and Fr. Pradeep S.J., who emphasized the essential role that various skills play in personal and professional development in our rapidly changing world. The program aimed to equip students with a deeper understanding of the current job market, the importance of adaptability, and the need for continuous learning. Through engaging discussions and practical examples, Fr. Vincent and Fr. Pradeep inspired students to actively cultivate their skills to enhance their future prospects.

#### Seminar on the Personality Development for SJIS Students





On July 12, 2024, Rev. Fr. Edward conducted an insightful seminar on personality development for the students of St. Joseph's Institute of Skills (SJIS). The seminar aimed to empower students by providing them with valuable tools and strategies to enhance their personal and professional growth. Fr. Edward shared practical insights on self-awareness, communication skills, and the importance of emotional intelligence. Through interactive discussions and engaging activities, students were encouraged to explore their unique strengths and areas for improvement. The seminar not only equipped students with essential skills for effective interpersonal interactions but also inspired them to pursue continuous self-development as a pathway to success in their future endeavours.

#### World Skills Day at SJIS by Magic Bus Foundation







World Skills Day was celebrated at St. Joseph's Institute of Skills (SJIS) on July 15, 2024, in collaboration with the Magic Bus Foundation. The event was a vibrant celebration of skills development, featuring a series of engaging programs designed to inspire and educate SJIS students.

Team members from the Magic Bus Foundation facilitated interactive workshops and activities that focused on essential life skills, teamwork and leadership. These sessions encouraged students to actively participate and think critically about their personal development and future career paths. Through games, discussions, and hands-on exercises, the Magic Bus team aimed to instil a sense of confidence and resilience in the students, helping them recognize the importance of skills in navigating today's world. The event not only fostered a spirit of camaraderie among students but also highlighted the valuable resources available through community organizations dedicated to skill-building and personal growth. Overall, the celebration was a resounding success, leaving students inspired and motivated to enhance their skills further.

#### Formal Inauguration of the Academic Year 2024-2025









On July 20, 2024, St. Joseph's Institute of Skills proudly inaugurated the Academic Year 2024-2025, marking an important milestone in the institution's commitment to education and skill development. The ceremony was graced by the presence of Rev. Fr. Xavier Alphonse SJ, the esteemed Director of the ICRDCE, who served as the chief guest. His insights and guidance set an inspiring tone for the year ahead. The event was also attended by key figures from the institute, including Rev. Fr. Deepak Joseph, SMM, the Director of St. Joseph's Institute of Skills, and Rev. Fr. Vivek Lionel Basu, the Associate Director. Their leadership and dedication to the mission of the institute were evident throughout the proceedings.

In addition to the dignitaries, faculty members and students gathered to celebrate this significant occasion, fostering a sense of community and shared purpose. Some of the Alumni of SJIS, shared their success stories. The inauguration included speeches highlighting the goals for the upcoming year, emphasizing the importance of skill development in today's rapidly evolving job market. Overall, the event set an optimistic and collaborative tone for the academic year, encouraging everyone to strive for excellence in their pursuits.

#### Awareness on Mobile Addiction by TREDA – 27th July, 2024.





On July 27, 2024, St. Joseph's Institute of Skills hosted an awareness program on Mobile Addiction, organized by TREDA. This initiative aimed to address the growing concern of excessive smartphone usage among students, highlighting its potential impacts on mental health, academic performance, and social interactions. The program engaged students through informative presentations and interactive discussions, shedding light on the signs of mobile addiction and strategies for maintaining a healthy balance in their digital lives.

The facilitators from TREDA shared valuable insights on the psychological effects of prolonged smartphone use, including issues like anxiety, distraction, and reduced face-to-face communication skills. Overall, the awareness program was well-received, fostering a sense of community and encouraging students to reflect on their relationship with technology.

#### 'Impact everyday' program conducted by Deloitte on 10th August, 2024







On August 10, 2024, St. Joseph's Institute of Skills hosted an impactful program conducted by Deloitte, aimed at enriching the educational experience of its students. This initiative, titled "Impact Every day," was designed to equip students with practical skills and insights that are essential for navigating today's competitive job market.

During the program, representatives from Deloitte engaged the students through a series of interactive workshops and presentations. They covered a range of topics, including effective communication, critical thinking, and problem-solving strategies, all of which are crucial for success in professional settings. The facilitators also shared real-world examples and case studies, allowing students to see the relevance of these skills in various industries.

#### Independence Day Celebration – 15th August, 2024.













On August 15, 2024, St. Joseph's Educational Institute celebrated Independence Day with great enthusiasm and patriotism. The event was a vibrant display of national pride, bringing together students, faculty, and staff to honour the spirit of freedom and the sacrifices made for the nation. The day began with a flag-hoisting ceremony, where the national flag was raised with solemnity, accompanied by the singing of the National Anthem. This moment was a powerful reminder of the values of liberty and unity that the day represents. Following the flag-hoisting, a series of events were organized, showcasing the talents and creativity of the students.

Cultural performances, including dances, songs, and skits, highlighted the rich diversity of Indian culture and the importance of independence. Students presented skits that depicted historical events related to India's struggle for freedom, celebrating the bravery and resilience of our leaders and freedom fighters. The performances were met with enthusiastic applause, reflecting the audience's appreciation for the effort and creativity of the students. Prominent faculty members delivered inspiring speeches, emphasizing the significance of independence and the responsibilities that come with it. They encouraged students to contribute positively to society and to uphold the values of justice, equality, and respect for all.

The celebration concluded with a communal lunch, fostering a sense of togetherness and camaraderie among everyone present. Overall, the Independence Day celebration at St. Joseph's Educational Institute was not only a tribute to the nation but also an opportunity to instill a sense of pride and responsibility in the hearts of the students.

#### Awareness Program on Crime Prevention – 17th August, 2024









On August 17, 2024, St. Joseph's Institute of Skills organized an important awareness program focused on crime prevention, featuring Mr. Ramachandran Paul, a retired Deputy Commissioner of Police (DCP), as the esteemed resource person. This initiative aimed to educate students about various aspects of crime prevention and the role they can play in ensuring community safety.

The event commenced with a warm welcome address by Rev. Fr. Deepak Joseph, SMM, who expressed his gratitude to Mr. Ramachandran for sharing his expertise and insights. In his address, Rev. Fr. Deepak emphasized the significance of understanding crime prevention, not just as a responsibility of law enforcement, but as a collective duty of society. He encouraged students to be proactive in safeguarding their communities and to develop a sense of vigilance.

Mr. Ramachandran then took the stage, drawing on his extensive experience in law enforcement. He delivered an engaging presentation that covered various topics, including common types of crimes, preventive measures individuals can take and the importance of community engagement in crime reduction. He also shared real-life examples and case studies, illustrating the impact of proactive crime prevention strategies. Throughout the session, students actively participated by asking questions and sharing their thoughts on safety concerns within their own neighborhoods.

Mr. Ramachandran addressed these queries with practical advice, providing valuable tips on how to remain safe and vigilant in daily life. The program not only raised awareness about crime prevention but also fostered a sense of responsibility among students, encouraging them to become active participants in creating safer environments. Overall, the awareness program was a resounding success, equipping attendees with the knowledge and tools needed to contribute positively to their communities.

#### Goal Setting by Action Aid – 31st August, 2024.









On August 31, 2024, St. Joseph's Institute of Skills hosted an insightful workshop on Goal Setting, organized by Action Aid. This event aimed to empower students with essential skills for personal and professional development by teaching them effective goal-setting techniques. The workshop began with an engaging introduction from the facilitators at Action Aid, who outlined the importance of setting clear, achievable goals. They emphasized how goal setting can serve as a roadmap for success, helping individuals to stay focused and motivated in their pursuits. Participants were guided through various strategies for effective goal setting, including the SMART criteria—Specific, Measurable, Achievable, Relevant, and Time-bound.

This framework helped students understand how to articulate their aspirations clearly and develop actionable plans to achieve them. Throughout the session, students engaged in interactive activities designed to help them identify their personal and academic goals. They were encouraged to reflect on their passions, strengths, and areas for improvement. By working in small groups, students shared their goals with peers, fostering a supportive environment where they could provide and receive constructive feedback.

The facilitators also shared success stories from individuals who had effectively set and achieved their goals, illustrating the transformative power of this practice. They discussed common obstacles to achieving goals and provided strategies for overcoming these challenges, emphasizing the importance of resilience and adaptability. As the workshop concluded, students left with a clearer sense of direction and the tools necessary to pursue their aspirations confidently. Overall, the Goal Setting workshop by Action Aid was a valuable experience, equipping students with the skills to set meaningful goals and take proactive steps toward achieving them.

#### Teachers Day Celebration







On September 5, 2024, a vibrant celebration was held to honour Teachers, a special occasion dedicated to recognizing the invaluable contributions of educators. Students took this opportunity to express their heartfelt appreciation for the dedication and commitment shown by their teachers in guiding and shaping their lives. The event featured a significant message delivered by Rev. Fr. Vivek Lionel Basu, the Associate Director of SJIS. His inspiring words emphasized the pivotal role teachers play in not only imparting knowledge but also nurturing character and fostering personal growth in their students. The celebration was filled with gratitude, reflecting the deep respect and admiration students have for their teachers, acknowledging the profound impact they have on their educational journeys.

#### Awareness Program on Under Age Drinking (Alcohol)





On September 12, 2024, SMART INDIA Foundation organized an impactful Awareness Program addressing the pressing issue of underage drinking. This program aimed to educate students about the risks and consequences associated with alcohol consumption at a young age. Mr. Vinay served as the resource person for the event, bringing a wealth of knowledge and experience to the discussions. His engaging presentation style captivated the students, making complex topics accessible and relatable. Throughout the program, he highlighted not only the health risks associated with underage drinking but also its potential effects on academic performance and personal relationships. The sessions included interactive discussions, allowing students to voice their thoughts and ask questions. This participatory approach fostered a supportive environment where students felt comfortable sharing their perspectives. Feedback from participants indicated that they found the program both informative and enlightening. Many expressed gratitude for the opportunity to learn more about the serious implications of underage drinking and several of them indicated that they would share the insights gained with their peers. Overall, the program was well received, successfully raising awareness and empowering students to make informed decisions regarding alcohol use.

#### Inauguration of SIDDHI - Short term training Program for Office Assistant













The inauguration of SIDDHI, a Short-Term Training Program on Office Assistant, took place on September 26, 2024. This initiative was launched through a collaborative effort involving Rotary, Reach Much Higher and SJIS, aiming to equip students with essential skills for office administration. The event featured Dr. A.K. Joshi, the esteemed Founder and Vice Chancellor of CMR University, as the chief guest. His presence underscored the significance of the program in enhancing vocational training opportunities for students.

The ceremony also included Dr. O.P. Goel, Director of Vocational Service, who served as one of the guests of honour, further emphasizing the program's importance in professional development. Rev. Fr. Deepak Joseph, Director of SJIS, delivered the welcome address, warmly greeting the attendees and highlighting the program's objectives and potential impact on the students' futures. Following this, Dr. A.K. Joshi addressed the students, delivering an inspiring message that encouraged them to seize the opportunities presented by the training program and to strive for excellence in their endeavours.

The event concluded with a vote of thanks proposed by Rev. Fr. Vivek Lionel Basu, Associate Director of SJIS. He expressed gratitude to all participants, collaborators, and the chief guest for their contributions to making the inauguration a success. Overall, the event was a significant step towards empowering students with practical skills for their future careers in office management and administration.

#### Pratibha - Talents' Day for SJIS Students













On September 27th and 28th, St. Joseph's Institute of Skills hosted "Pratibha - Talents' Day," a vibrant platform for students to showcase their diverse talents. This event encouraged active participation from SJIS students, who displayed their innate abilities across various disciplines. Many participants were recognized for their exceptional skills and received awards, celebrating their hard work and creativity. Pratibha truly highlighted the remarkable talent within our community, fostering a spirit of encouragement and camaraderie among students.

#### Inauguration of the New SJIS Office













On October 1, 2024, the inauguration of the new St. Joseph's Institute of Skills (SJIS) office took place, marked by a blessing from Msgr. S. Jayanathan, Vice President of ABE. This momentous occasion also featured the launch of the SJIS College Diary for the Academic Year 2024-2025, alongside the unveiling of the institute's new website. In a highlight of the event, the newly composed SJIS Anthem, with lyrics by Rev. Fr. Vivek Lionel Basu and music by Mr. Harshith, was introduced for the first time. The welcoming address was delivered by Rev. Fr. Deepak Joseph SMM, setting an inspiring tone for the day, while Rev. Fr. Vivek Lionel Basu concluded the ceremony with a heartfelt vote of thanks. This event not only celebrated the growth of SJIS but also fostered a renewed sense of community and pride among faculty and students alike.

#### Motivational Talk by Msgr. S. Jayanathan







Msgr. S. Jayanathan delivered a compelling motivational talk to the students of St. Joseph's Institute of Skills, captivating their attention with his heartfelt message. He spoke passionately about the significance of resilience, self-confidence, and the relentless pursuit of one's dreams. Drawing from his extensive experience, he shared personal anecdotes that illustrated the transformative power of determination and hard work.

Throughout his address, Msgr. Jayanathan urged students to view obstacles as valuable opportunities for growth and learning. He highlighted the importance of setting clear, achievable goals and maintaining a strong commitment to personal development. His words inspired the audience to harness their unique talents and to strive for excellence in all endeavours.

The talk not only uplifted the spirits of the students but also instilled in them a renewed sense of purpose and motivation to make a positive impact in their lives and communities. Msgr. Jagannathan's insights served as a powerful reminder of the potential that lies within each individual.

#### Awareness Program on Narcotic Anonymous







On October 25, 2024, SJIS hosted an informative awareness program focused on Narcotics Anonymous for its students. The event commenced with a heartfelt prayer song, setting a respectful tone for the gathering. Rev. Fr. Deepak Joseph SMM, the Director of SJIS, delivered the welcome address, warmly introducing the distinguished resource persons: Mr. Vinod, Mr. Ramesh, and Mr. Sriski, representatives from the Narcotics Anonymous Fellowship. The program concluded with insightful remarks and a vote of thanks presented by Rev. Fr. Vivek Lionel Basu, the Associate Director of SJIS.

#### **Baking Art Certification at SJIS**







A short-term course in Baking Art for young mothers was launched at SJIS in collaboration with the VIHAAN NGO. Following the successful completion of the course, a certification ceremony was held on October 30, 2024. The event featured representatives from VIHAAN NGO, including Mrs. Shanthi Dsouza and Ms. Sherlyn, as well as Rev. Fr. Deepak Joseph SMM, Director of SJIS, Rev. Fr. Vivek Lionel Basu, Associate Director of SJIS, and Chef Mrs. Anam Naaz, all of whom were present to celebrate the graduates' achievements. During the ceremony, the graduates shared their experiences and reflections on the Baking Art course, highlighting the skills they acquired and the impact it had on their lives.

#### Awareness Program on Cybercrime and Substance Abuse







An Awareness Program on Cybercrime and Substance Abuse was held on October 30, 2024, for the students of SJIS. The session was led by Mr. Shamid Pasha, the Assistant Commissioner of Police from the VV Puram Police Station. Rev. Fr. Deepak Joseph SMM introduced the resource person and concluded the event by delivering a heartfelt vote of thanks, acknowledging the valuable insights shared during the program.

#### 69th Karnataka Rajotsava Celebration









On November 1st, the state of Karnataka celebrated Kannada Rajotsava, marking its 69th anniversary. The festivities at St. Joseph's Educational Institution were grand and vibrant. The program commenced with the hoisting of the National Flag, followed by the singing of the National Anthem. This was followed by the raising of the Karnataka Flag and the State Anthem, both symbolizing pride and unity.

Students showcased their talents through a variety of performances, including songs, dances, and a skit that highlighted the rich culture of Karnataka and the significance of the Kannada language. Rev. Fr. Vivek Lionel Basu, Associate Director of SJIS, delivered the Kannada Rajotsava message, emphasizing the importance of celebrating and preserving the heritage of Karnataka. The event fostered a sense of community and pride among the students, reinforcing their connection to the culture and language of the state.

#### First Session Exams for the SJIS Students (Theory & Practical)













The first session examinations for students at St. Joseph's Institute of Skills (SJIS), which included both theoretical and practical assessments, were conducted from October 28, 2024, to November 5, 2024. During this period, students participated in a comprehensive evaluation process aimed at testing their knowledge and practical skills across various subjects. This initiative reflects the institute's commitment to providing a robust educational experience, ensuring that students are well-prepared for their future endeavours.

#### **CPR training for Nursing Students from ALERT NGO**







On November 15, 2024, ALERT NGO conducted a specialized CPR training session tailored for nursing students. This event aimed to equip future healthcare professionals with essential life-saving skills and techniques in cardiopulmonary resuscitation (CPR). Participants received hands-on instruction from experienced trainers, focusing on both adult and pediatric CPR methods, the use of automated external defibrillators (AEDs), and the recognition of cardiac emergencies.

The training emphasized not only the technical aspects of performing CPR but also the importance of remaining calm and effective in high-pressure situations. By engaging in this training, nursing students enhanced their clinical competencies and prepared themselves to respond confidently to emergencies in their future roles. The collaboration with ALERT NGO reflects a commitment to fostering practical skills and knowledge that are crucial for patient care and safety in the healthcare field.

#### Seminar on Life Skills & Soft Skills













A highly informative seminar on Life Skills and Soft Skills was conducted for the students of St. Joseph's Institute of Skills (SJIS) on November 26th, 2024. The session was led by Mrs. Vandhana Shastri, a distinguished Certified Master Trainer from the National Skills Development Corporation (NSDC). Mrs. Shastri, with her extensive experience in the field, shared invaluable insights and practical techniques aimed at enhancing the life and soft skills of students, preparing them for both personal growth and professional success. The seminar was officially inaugurated by Fr. Vivek Lionel Basu, the Associate Director of SJIS.

Fr. Vivek warmly welcomed the gathering and introduced the resource person, Mrs. Vandhana Shastri, highlighting her qualifications and the expertise she brought to the seminar. His introduction set the tone for a session filled with learning and meaningful interaction.

Throughout the seminar, the students were highly engaged, showing enthusiasm and actively participating in various activities designed to strengthen their communication, critical thinking, problem-solving, and interpersonal skills. Mrs. Shastri facilitated discussions, role-playing exercises, and group activities, encouraging students to reflect on the importance of these skills in everyday life and their future careers.

The event concluded with an inspiring address and a vote of thanks delivered by Mr. Suresh, the Job Placement Officer and instructor for Soft Skills and Communication at SJIS. Mr. Suresh expressed his gratitude on behalf of Rev. Fr. Deepak Joseph, SMM, Director of SJIS, Management, Staff & Students to Mrs. Shastri for her valuable contribution to the seminar and praised the students for their active participation. He also emphasized the importance of incorporating the lessons learned during the seminar into their daily lives, as these skills are not only essential for academic success but also for navigating the challenges of the professional world. Finally, the students and staff recited the Preamble of the Constitution of India, as it was the day designated to honour the Constitution.

#### Awareness Program on Use of Internet and Online Women Trafficking by Oasis India







On Wednesday, December 4, 2024, St. Joseph's Institute of Skills (SJIS) organized a crucial awareness program focused on the responsible use of the internet and the alarming issue of online women trafficking. The session was conducted by Mrs. Shanthi, a dedicated representative from Oasis India NGO, who shared her expertise and insights on these pressing topics.

The program began with a warm introduction by Rev. Fr. Vivek Lionel, the Associate Director of SJIS, who highlighted the significance of understanding the risks associated with internet usage and the impact of online trafficking, particularly on vulnerable women. Mrs. Shanthi delivered a comprehensive presentation, shedding light on how to navigate the digital world safely, identify warning signs of online exploitation, and protect oneself from potential threats. Her session was both informative and thought-provoking, encouraging students to become more mindful and responsible digital citizens.

At the conclusion of the program, Mr. Suresh, the Job Placement Officer and Trainer at SJIS, extended his gratitude to Mrs. Shanthi for her valuable contribution and expertise. He delivered the Vote of Thanks, acknowledging the importance of such awareness initiatives in empowering students to make informed decisions and stay safe in the digital age.

#### Workshop on Career Guidance by ACTION AIDE







On Thursday, December 5, 2024, St. Joseph's Institute of Skills (SJIS) organized an insightful Career Guidance Workshop for its students. The session was formally inaugurated by Rev. Fr. Vivek Lionel, the Associate Director of SJIS, who warmly welcomed the students and introduced the distinguished resource person, Mr. Tavi Kumar, a renowned psychiatrist with extensive expertise in career counselling and personal development.

Throughout the workshop, Mr. Kumar engaged the students with valuable insights on various career paths, offering guidance on decision-making, stress management, and the importance of mental well-being in career success. His session was both informative and interactive, helping students gain a better understanding of their strengths and career aspirations.

At the conclusion of the workshop, Mr. Suresh, the Job Placement Officer and Trainer at SJIS, expressed his gratitude to the speaker and all participants. He delivered the Vote of Thanks, acknowledging the invaluable contribution of Mr. Kumar and the students' active participation, and underscoring the significance of such sessions in shaping their future career paths.

#### Counselling Group sessions by the Counsellors - Montfort Spirituality Centre



On Friday, December 6, 2024, St. Joseph's Institute of Skills (SJIS) organized an enriching series of counselling group sessions for its students. The session was designed to provide students with valuable insights into personal development, mental well-being, and emotional growth. To foster active participation and engagement, the students were divided into smaller groups, allowing them to interact more effectively during the activities and exercises.

The counselling sessions were conducted by a team of seven skilled counsellors from the Montfort Spirituality Center, each bringing their unique expertise and experience in guiding students through various personal and emotional challenges. The counsellors led the students through a variety of interactive activities and exercises aimed at improving self-awareness, building resilience, and enhancing interpersonal skills.

These group sessions not only offered students a safe space to express themselves but also helped them develop essential life skills, promoting overall mental and emotional well-being. The initiative was a significant step in supporting the students' holistic development, encouraging them to reflect on their strengths and challenges in a guided and supportive environment.

#### Awareness Program on Interpersonal Relationship, Love & Infatuation







On Tuesday, December 10, 2024, St. Joseph's Institute of Skills (SJIS) hosted a thought-provoking awareness program on "Handle with Care: Interpersonal Relationships, Love, and Infatuation." The session was led by Rev. Fr. Uday, SDB, whose expertise in the subject matter made the event both engaging and insightful.

The program was officially inaugurated by Rev. Fr. Deepak Joseph, the Director of SJIS, who welcomed the participants and emphasized the importance of understanding the nuances of relationships in the context of personal growth. The session was designed to be highly interactive, focusing on real-life case studies that allowed students to actively participate, share their thoughts, and engage in meaningful discussions.

Rev. Fr. Vivek Lionel Basu, the Associate Director of SJIS, concluded the program with a reflective note, summarizing the key takeaways and acknowledging the students' enthusiastic participation. He also extended a heartfelt Vote of Thanks to Rev. Fr. Uday for his valuable contributions and to all those involved in making the event a success.

#### The Release of the SJIS Calendar for the New Year -2025







On December 17, 2024, during the Priests' Recollection at the Archbishop's House, the Most Rev. Dr. Peter Machado, Archbishop of Bangalore, released the St. Joseph's Institute of Skills (SJIS) calendar for the New Year 2025. The calendar was received by the Auxiliary Bishops, Most Rev. Dr. Arokiaraj Sathis Kumar and Most Rev. Dr. Joseph Susainathan. Also present at the event were Rev. Fr. Deepak Joseph, SMM, Director of SJIS, Rev. Fr. Vivek Lionel, Associate Director of SJIS, Msgr. S. Jayanathan, Vice President and Treasurer of ABE, and Msgr. C. Francis.

#### Christmas Celebration at the SJIS







The St. Joseph's Institute of Skills (SJIS) celebrated Christmas with warmth and festive spirit on Thursday, December 19, 2024. The event began with a warm welcome by Rev. Fr. Vivek Lionel, Associate Director of SJIS, who greeted the gathering. The Chief Guest, Rev. Fr. Francis Vinod Dsouza, shared a heartfelt Christmas message that inspired all in attendance.

The Director of SJIS, Rev. Fr. Deepak Joseph, SMM, delivered the Vote of Thanks, reflecting on the true significance of Christmas and its importance in spreading love and joy. To add flavour to the celebration, students of SJIS showcased their talents with vibrant performances, singing Christmas carols in different languages and dancing to festive music, adding an extra layer of joy and cheer to the celebration.

#### Christmas Celebration for the SJIS Hostel Students







The Christmas celebration for the SJIS Hostel Students took place on the evening of December 19, 2024, at 6:30 PM, with an invitation extended to all donors, benefactors, and well-wishers. The event commenced with a warm and heartfelt welcome by Rev. Fr. Vivek Lionel, Associate Director of SJIS, who greeted all attendees. The students of the hostel had put on a memorable performance, showcasing their talents with a range of activities including the singing of Christmas carols, a beautiful Christmas tableau, and an energetic Christmas dance. Each performance reflected the festive spirit of the season and the students' creativity and enthusiasm.

One of the hostel students, Ms. Agnes from Calcutta, delivered a thoughtful and inspiring Christmas message that captured the essence of the holiday season and its significance in fostering peace, love, and unity.

The celebration concluded with the Vote of Thanks, articulated by Rev. Fr. Deepak Joseph, SMM, the Director of SJIS, who expressed gratitude to all those present and acknowledged the contributions of the donors and well-wishers who are constantly supporting the hostel through their generous contributions and sacrifices.

#### Inauguration of Baking Art Short Term Course (Batch 2)







The inauguration of the Baking Art Short Term Course for its second batch was held at St. Joseph's Institute of Skills (SJIS) on Friday, December 20, 2024. This course is conducted in collaboration with VIHAAN NGO, focusing on enhancing the skills of individuals, particularly for women empowerment. The ceremony began with the lighting of the lamp by Rev. Fr. Vivek Lionel, Associate Director of SJIS, along with Mrs. Shanthi Dsouza, a representative from VIHAAN, Ms. Sherly, and Chef Mrs. Anam. This symbolic act marked the beginning of the course and the shared commitment to fostering skill development.

Rev. Fr. Vivek Lionel welcomed the gathering and expressed his appreciation for the collaborative effort between SJIS and VIHAAN in offering such valuable opportunities to the community. Mrs. Shanthi Dsouza addressed the attendees, emphasizing the importance of the Baking Art course as a vital program aimed at empowering women by providing them with skills that can open doors to new opportunities and careers.

#### SJIS Annual Sports Meet - 2024-2025













St. Joseph's Institute of Skills organized its Annual Sports Meet for the academic year 2024-2025 on the 24th and 25th of January, 2025. The event commenced with a formal Guard of Honour, followed by the traditional lighting of the lamp, which symbolized the start of the festivities. The opening ceremony included a warm welcome speech by an SJIS student. The distinguished Guest of Honour for the occasion was Rev. Fr. Deepak Joseph, SMM, Director of SJIS. Other notable guests included Rev. Fr. Vivek Lionel Basu, Associate Director of SJIS, and the HM's of St. Joseph's Educational Institutions.

The highlight of the event was the Oath-taking ceremony, led by Mr. Joe Kongnavar, the captain of SJIS, followed by the lighting of the torch. The sports meet was officially declared open by Ms. Flavia Siqueira, the Headmistress of St. Joseph's English Primary School.

Throughout the two-day event, SJIS students actively participated in various group and track events, showcasing not only their athletic abilities but also their exceptional teamwork and sportsmanship. The students demonstrated a true spirit of competition and camaraderie, making the Annual Sports Meet a resounding success.

St. Joseph's Institute of Skills (SJIS) Stall at Job fair organized by Minority commission collaborating with Catholic Connect at St. Joseph's University, Langford Road, Bengaluru





On January 26th, 2025, St. Joseph's Institute of Skills (SJIS) participated in a prominent job fair organized by the Minority Commission in collaboration with Catholic Connect. The event was held at St. Joseph's University, located on Langford Road in Bengaluru, and attracted a significant number of young individuals eager to explore various educational and career opportunities.

The SJIS stall at the fair was a hub of activity, with many youngsters dropping by to inquire about the wide range of skill-based courses offered by the institute. Attendees showed a keen interest in learning about the programs that SJIS provides, which are designed to equip them with practical skills that enhance their employability and prepare them for the dynamic job market. The event provided an excellent platform for SJIS to engage with the youth, offering detailed information on course offerings, career prospects, and the overall impact of skill development on professional growth.

The collaboration between the Minority Commission, Catholic Connect, and St. Joseph's University helped create an ideal setting for SJIS to reach out to a diverse group of potential students, fostering awareness and encouraging enrolment in its transformative programs.

#### Awareness on the importance of Meditation

On January 31st, 2025, an enlightening and impactful awareness program on meditation was organized for the students of St. Joseph's Institute of Skills (SJIS). The session aimed at introducing the students to the transformative benefits of meditation, focusing on its importance in promoting mental clarity, emotional well-being, and overall holistic development.

The program began with a warm and gracious welcome note by Rev. Fr. Vivek Lionel Basu, the Associate Director of SJIS. In his opening address, Fr. Vivek, set the tone for the session, emphasizing the significance of meditation in today's fast-paced world and encouraging the students to incorporate mindfulness practices into their daily lives. His words were a source of inspiration, motivating the students to explore the benefits of meditation for personal growth and success.

The session was expertly conducted by Mr. Nandesh, a renowned trainer in yoga and meditation from the MCYK Foundation. With years of experience and a deep understanding of the subject, Mr. Nandesh took the students through a series of practical exercises and breathing techniques. He shared valuable insights on how meditation can help in reducing stress, improving focus, and fostering a sense of inner peace. His interactive approach allowed the students to not only learn but also experience the immediate calming effects of meditation, leaving them with a renewed sense of purpose and well-being.

Following the insightful session, the event concluded with a heartfelt vote of thanks delivered by Mr. Suresh, the Job Placement Officer and trainer at SJIS. Mr. Suresh expressed his gratitude to Mr. Nandesh for his enlightening session and to the students for their enthusiastic participation. He also highlighted the importance of incorporating meditation into one's routine, as it can significantly enhance their professional and personal lives.

#### Awareness Program on Women's Right





On 22nd February, 2025, an important Awareness Program on Women's Rights was held at St. Joseph's Institute of Skills, by the Archdiocesan Women's Cell. The session aimed to educate and empower students on various aspects of women's rights and gender equality, and it proved to be a valuable experience for all the students. The program was introduced by Mr. Suresh, the Trainer of Life Skills and Job Placement Officer at SJIS. He welcomed everyone and introduced the resource persons for the day, setting the tone for the session.

The session was led by two experienced and knowledgeable resource persons, Mrs. Emilda and Mrs. Rita, both of whom brought invaluable insights into women's rights and the significance of gender equality. Their session was interactive, encouraging students to ask questions, share thoughts, and engage in open discussions. The session was designed to be participatory, and the students actively engaged with the resource persons, seeking clarity on important topics like legal rights, gender equality, education, and safety. Mrs. Emilda and Mrs. Rita shared real-life examples and case studies, making the session both informative and thought-provoking.

To conclude the event, Fr. Vivek Lionel, the Associate Director of SJIS, delivered the vote of thanks. He expressed gratitude towards the resource persons for their valuable contribution and acknowledged the importance of such awareness programs in shaping the future of the students. He also extended thanks to the Archdiocesan Women's Cell for their continuous support in empowering women and promoting gender equality in society.

## NSDC Exams for the students of St. Joseph's Institute of Skills

Since, St. Joseph's Institute of Skills is accredited to National Skills Development Corporation of India (Government Certification for the students). The NSDC exams were conducted for the students of SJIS both theory as well as practicals in the month of February & March, 2025.

#### Diploma in Electrical & Electronics







#### Diploma in Hotel Management











## NSDC Exams for the students of St. Joseph's Institute of Skills

## **Diploma in Fashion Designing**







Diploma in Nursing Aid







Diploma in Office Administration





Diploma in Pre - Primary Teachers Training





Diploma in Beauty & Wellness







## Internships for 30 days for St. Joseph's Institute of Skills

After successfully completing the diploma courses, SJIS students are required to undergo a one-month internship in the specific field related to the skill training they have received. This internship is an integral part of the diploma program and is mandatory for all students to obtain their diploma in various skill areas. The primary goal of the internship is to provide students with practical experience in the skills they have been trained in, ensuring better outcomes from their skill training.

## Internship of the SJIS Hotel Management Students at Manipal Hospitals, Bengaluru





Internship & Training of SJIS Electrical & Electronics students at Ammas Skill Academy for EV Bus repairs, Bengaluru





Internship of SJIS Nursing Aid students at Leelavathi Hospital, Bengaluru







#### **DEDICATED TO THE DIRECTORS OF SJIS**

## WHO AM I ?!?

I entered St Joseph's Institution Campus,

In the year of Covid -19 Pandemic,

When many lost their jobs and hopes,

But ... I feared neither Covid nor its aftermath.



I was launched by a young, yet a simple Soul, In a grand and memorable opening ceremony.

I was inaugurated and blessed.

To be the Number one amongst all.



So many orphans, the poor and the needy.

I called them close to me.

They came and embraced me and learned,

Lessons for life in my safe abode.



I began to grow and rise.

Under the vision of that simple soul,

And patronage of St Joseph the Worker.

Happy that I brought laurels to that founder.



I wish to live up to a hundred years

Or more, for, I love embracing the least

In the society, to be the best,

Because, now, many love me to a greater extent.



I am the life and energy of the campus,

Without me no meaning to SILENCE.

With me your small world is full of Bliss,

Dear friends, Who am I ? Yes, I am THE S J I S.



I am your own, your home light,

Your Mother's dream friend,

Your Brother's support and guide.

Your Sister's solace, your daily bread and Pride.



"YOU PLANTED ME AND I MADE YOU GROW"

By:

**FLAVIA SEQUEIRA** 

## SJIS TEACHING & ADMIN STAFF



